

Newsletter

SEPTEMBER 2023

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A Message from Pippa



Dear Parents and Friends of MFDA,

It is that time of year again when we begin our new DANCE YEAR at MFDA!!

This year we are looking to offer a fresh and invigorating timetable focusing on the exploration of dance and excellence. It is in this mindset that we are excited to present Mr. Peter Copek who will join us from Germany, although a Hungarian National.

We are very confident that Mr. Peter will dedicate himself to the art of dance and inject some awesome choreography, discipline and dance technique into MFDA. This is the mandate he has been set and with your support and our students we are sure to achieve this.

It is imperative that the pedagogy of dance is maintained to a very high standard, this is why you have registered your children at MFDA and it is for this reason we have made the extra investment in MFDA...to set us apart in terms of our teaching, our standard and our discipline.

We very much look forward to our re-opening on September 11th and we look forward to seeing you and our students.

Warm regards ,

Pippa

GROOMING AND PUNCTUALITY

Dancers are required to be in the prescribed RAD uniform. This can be purchased at Pippa's reception by filling an order form. Kindly refer to the Payment and Uniform Order section on our website.

It is mandatory for all students to have their hair tied in a very neat and tidy ballet bun, off the face. If the hair is not long enough for a bun but it is not short, then a pink ballet hair band is required to keep the hair neatly off the face of the dancer. Jewelry is not to be worn in class and nail polish is to be removed.

We kindly ask that you are on TIME! This is all part of the discipline and helps to maintain the standard of dance that we offer at MFDA. It is extremely disruptive for both students and teachers when a child is consistently late. Dancers who are more than 10 minutes late will not be allowed into the class. If you are going to be late, please let us know in advance and if you are going to miss class please call. Please note, a student who misses three classes in any one term without informing the MFDA/TKD Coordinator will be asked to reconsider their commitment to dance.



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Welcome Mr. Peter Ferenc Copek to MFDA

Despite his young age, dance and visual artist, choreographer Mr. Peter Copek has followed a colourful path. After graduating from the Győr School of Dance and Fine Arts in Hungary, he began his career at the Hungarian Movement Art Company, which he continued in the Netherlands. He holds a bachelor's degree from the Codarts Rotterdam Dance Academy.

He has danced with ballet companies and freelance projects in several German theatres, in Europe and the Middle East. His animated dance videos have been screened in Italy at the Castello Real di Govone in Turin.

He has dance works with many renowned choreographers - Jiří Kylián, Marco Goecke, Marguerite Donlon, Amos ben Tal, Andre Gingras.

In 2023, Mr. Peter completed a Master's degree in Classical Ballet Pedagogy at the German Folkwang University of the Arts.

We wish Mr Peter a great stay at MFDA and trust his inclusion to the team will further establish the Academy as the leading Dance Academy in Ghana and beyond.



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Meet Our New MFDA/TKD Coordinator



Miss Ama Rastetter

Ama is a dedicated and dynamic professional with ample customer service experience, exceptional interpersonal skills, and a passion for community building.

Her experience thus far has allowed her to develop a valuable skill set centered on communication and accurately assessing customer needs. By leveraging her extensive sales knowledge and her dedication to delivering a tailored and positive customer experience, Ama has been able to foster professional relationships built on trust. She is thrilled to be joining the team as the new MFDA/TKD Coordinator! Pippa's Health Centre holds a special place in her heart, as it was not long ago that she was a dancer in the Academy herself.

In her free time you might find her by the beach with friends or in the Yoga classes offered at Pippa's!

PAYMENTS & UNIFORM ORDERS

Deadline for payment of Term 1 fees and uniform order is SATURDAY, SEPTEMBER 30TH 2023.

After this date, a 15% penalty will be charged for all late payments and no uniform orders will be ordered after this date. Fees once paid are not refundable.

Parents should ensure their wards are always in the standard MFDA/RAD regulatory uniform. Uniform order forms should be downloaded from the website and returned to the Front Office with full payment. Orders will be supplied within 3 working days when in stock.

NANNIES AND DRIVERS

Nannies and drivers are reminded NOT to sit in the lounge area of the Club. This is a private facility and accessible to members and parents only, especially now with the Health Protocols.

Nannies and drivers are asked to wait in their cars, at front reception, or at the health bar next to the gym. Please note the staircase and hallway is a NO WAITING ZONE FOR ALL.

TUMBLE TOTS

Do you have a toddler or know of a toddler between the ages of 1 & 3 years? Pippa's Health Centre offers a soft play activity every Monday, Wednesday and Friday morning from 10am to 12pm. A bonding time for children and parents where many budding ballerinas and martial artists began their path from Tumble Tots!

Please see our website for more information.



MANDY FOURACRE
DANCE ACADEMY (MFDA)



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SEPTEMBER 2023

YEAR END PERFORMANCE!

Mandy Fouracre Dance Academy (MFDA) Year End performance, May/June 2024

CHRISTMAS BREAK

The Academy will be going on a break for the Christmas Holidays from Tuesday, 19th December, 2023 to Sunday, 6th January, 2024.

Classes will resume on Tuesday, 9th January, 2024.

NOISE LEVEL INSIDE THE GYM

Please be reminded that Pippa's Gym is a private members facility and therefore students are requested to keep noise levels to the minimum. Students are NOT allowed to play on the gym equipment or in areas that are out of bounds. Therefore, a public sense of decorum from our students is warranted.

VIRTUTORONLINE

Are you looking for professional online tutoring services for your child, or are you looking to learn or improve on a language? Then please check out VIRTUTORONLINE a new online tutoring agency on www.virtutoronline.com or email: support@virtutoronline.com

ADULT BALLET!

Adult ballet refers to ballet classes and training programs specifically designed for adults who are interested in learning or continuing to practice ballet, regardless of their age or previous experience.

In recent years, there has been a growing interest in offering ballet classes for adults, recognizing that ballet can provide numerous physical, mental, and artistic benefits. Adult ballet classes typically cater to a wide range of skill levels, from absolute beginners to those who have had prior training. These classes focus on building strength, flexibility, balance, coordination, and grace through various ballet techniques and exercises.

Adult ballet classes often emphasize proper alignment, posture, and technique, while also incorporating elements of artistic expression and creativity. Participants may learn basic ballet positions, movements, and routines, progressing at a pace that suits their individual abilities.

Overall, adult ballet provides a space for individuals to explore the beauty and discipline of ballet, regardless of their age or background, and offers a unique opportunity for personal growth, physical well-being, and artistic expression. You can begin your ballet journey today by calling reception on 0302 224488 to sign-up. There is a 10% discount for MFDA and TKD Parents.